



MIDLAND COUNTIES ATHLETIC ASSOCIATION
ALEXANDER STADIUM
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February 2018

Dear Club Secretary or Team Manager

MCAA Men's 12 Stage Road Relays
Saturday 17 March 2018 – 12.00 noon
Sutton Park Sutton Coldfield Birmingham

Thank you for your entry into the MCAA Road Relays. Please find enclosed details of the race together with course map and direction of how to get to Sutton Park Sutton Coldfield.

The men's race starts at 12 noon and ALL TEAMS should be DECLARED NO LATER THAN 11.20am at the declarations staging unit by the Start/ Finish area. (See Site plan)
Running order of the legs are: 4 Long legs, followed by the 8 Short Legs
Online Declaration will be used this year, you will be sent a separate email with details of how to do this.
PLEASE NOTE ALL PARKING IS IN SUTTON PARK – UNDER NO CIRCUMSTANCES PARK IN THE WYNDLEY LEISURE CENTRE CAR PARK.

All Team members must have a paid-up Affiliation to England Athletics.

IF IT IS FOUND THAT YOU HAVE DECLARED AN INELIGIBLE ATHLETE YOUR TEAM WILL BE DISQUALIFIED. PLEASE ALSO REMEMBER THAT NO ATHLETE IS ALLOWED TO COMPETE IN MORE THAN ONE LEG OF THE 12 STAGE EVENT.

IF YOUR TEAM IS DISQUALIFIED THEN THE TEAM WILL NOT QUALIFY FOR THE ERRA 12 STAGE CHAMPIONSHIPS IN APRIL. The top 25 clubs and any 'B' teams who finish in the top 25 places will qualify for the National 12 stage but 'B' teams will not be eligible to win medals.

PLEASE NOTE TENTS WILL NO LONGER BE ALLOWED TO BE PITCHED ON THE GRASS BEYOND THE START/FINISH AREA BUT A MAP SHOWING THE AREA AVAILABLE FOR PITCHING YOUR TENT IS INCLUDED WITH THIS LETTER.

Rules information: The organisers reserve the right to alter arrangements and conditions should circumstances require them to do so.

Cancellation: **In the case of the meeting being cancelled due to circumstances beyond the MCAA control then there will be an 80% minimum refund of entry fees. The remainder will be used towards offsetting the expenditure incurred.**

In the event of severe weather conditions on the day please use the following telephone number 07913 490751 to check details before commencing your journey.

We look forward to seeing you at this year's event and more importantly we hope that you all have an enjoyable day. If there is anything you feel you would like to bring to the notice of the organisers please do not hesitate to contact the MCAA office.

Yours sincerely
Ian Clarke

Event Manager
Chairman MCAA Road Running committee



TIMETABLE

Midland MEN'S 12 Stage Road Relay Championship

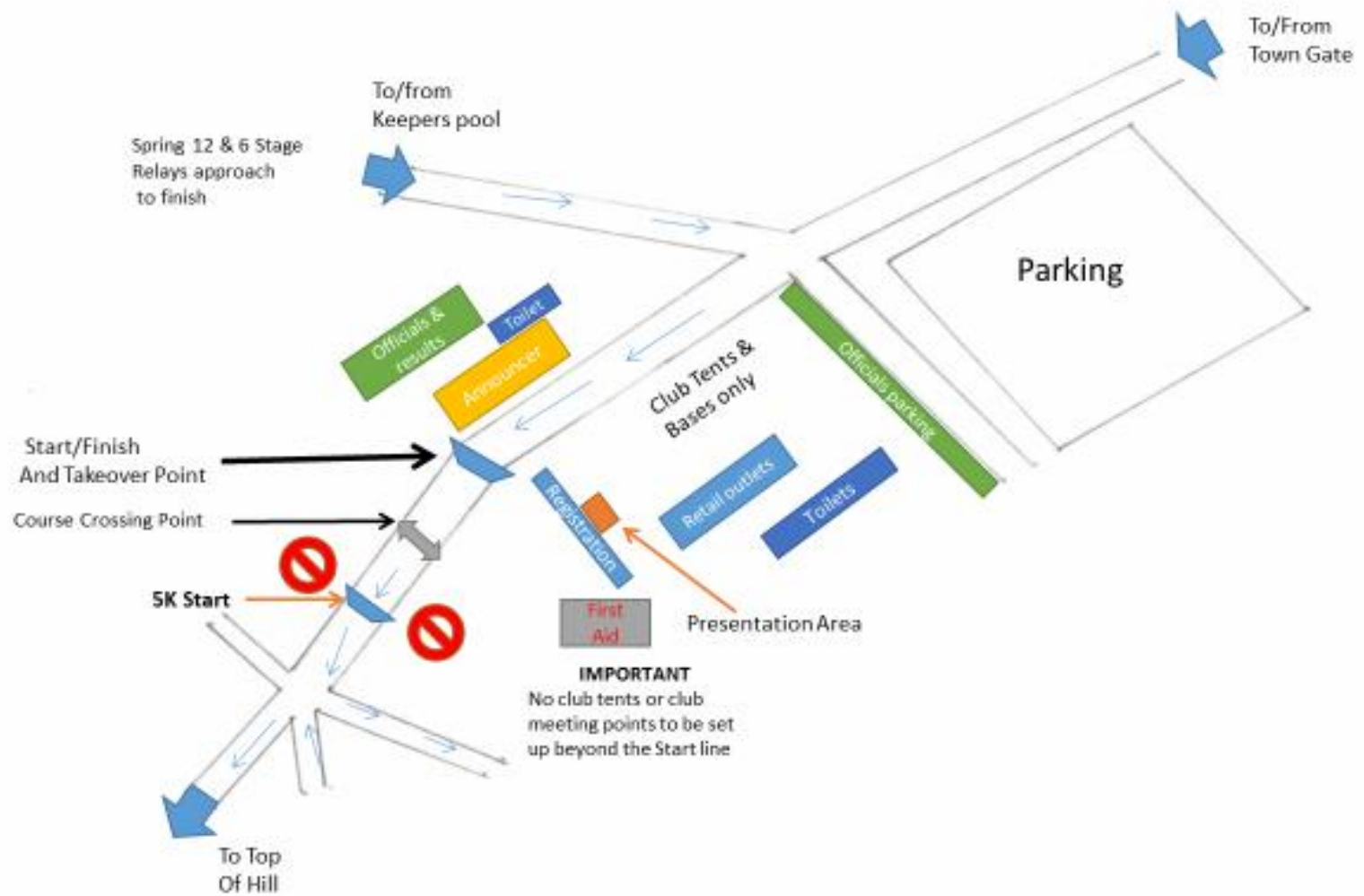
(4 x 5.38 miles and 8 x 3.165 miles)

**Saturday 17 March 2018 – Start 12.00 noon
Sutton Park, Sutton Coldfield, Birmingham
Long Legs one to four. Short Legs five to twelve.**

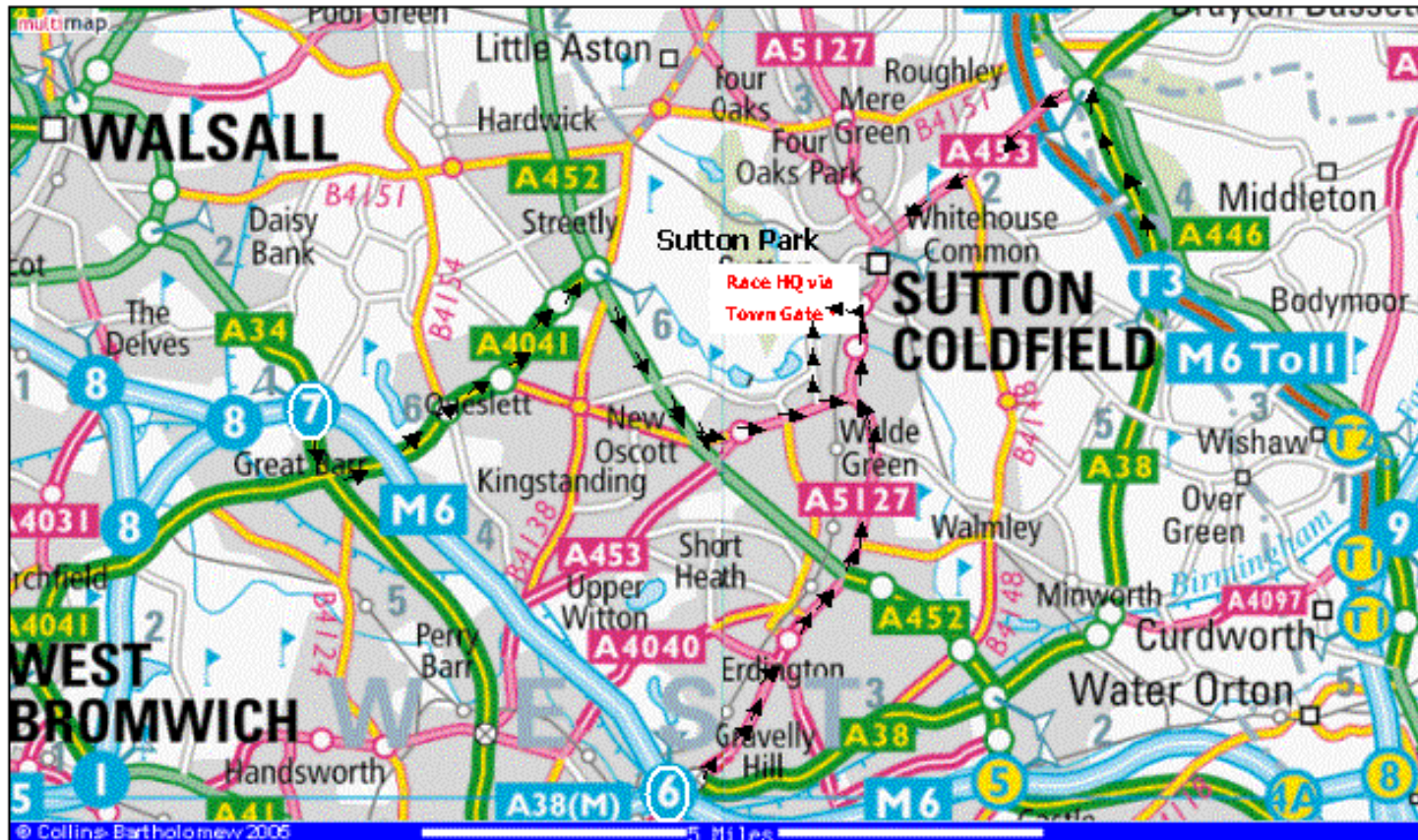
Midland WOMEN'S 6 Stage Road Relay Championship

(2 x 5.38 miles and 4 x 3.165 miles)

**Saturday 17 March 2018+ – Start 12.20pm
Sutton Park, Sutton Coldfield, Birmingham
Long Legs one & three. Short legs two, four, five & six.**



SUGGESTED ROUTES TO SUTTON COLDFIELD



From M6 J7: A34 towards Birmingham, left at Scott Arms, follow A4041 to edge of Sutton Park, turn right at roundabout onto A452 towards Birm. Then left onto Monmouth Drive and continue around Park to Wyndley Leisure Centre to Town Gate.

From M6 J6: Follow A5127 northwards to Wylde Green and Sutton Coldfield. In town centre bear left by railway station, turn left opposite centre car parking to go under railway bridge onto Town Gate.

M6 Toll, Junction T3: Follow A38 north (Lichfield) Turn left onto A453 for about 3k. Once in Anchorage Road, turn sharp right into Upper Clifton Road and then right at mini roundabout.

TRAVEL DIRECTIONS TO SUTTON PARK, SUTTON COLDFIELD FOR THE ROAD RELAYS CHAMPIONSHIPS

FROM THE SOUTH AND SOUTH WEST –

From the South West, exit the M5 at junction 8 to join the M6 southbound. Keep in left hand lane to exit M6 at next junction. i.e. junction 7

Leave the M6 at junction 7 and follow the A34 towards Birmingham.

At the 1st set of traffic lights (the Scott Arms crossroads) turn left into QUESLETT ROAD - B4149/A4041.

Follow this road for a couple of miles until you reach a major "island" roundabout on the south western edge of Sutton Park where the A4041 hits the A452.

Turn right onto the Chester Road (towards Sutton Coldfield and Birmingham) and then take the first left at a set of traffic lights (by Banners Gate with a children's play park) onto Monmouth Drive.

Now drive along Monmouth Drive around the edge of Sutton Park (with a golf course on your left hand side) past Banners Gate and Boldmere Gate [please ignore these entrances to Sutton Park].

After a couple of miles you will arrive at the traffic lights on the junction of Clifton Drive and the Birmingham Road.

Turn left here to drive past Wyndley Swimming Pool and Leisure Centre until the next small mini-roundabout.

Turn left at this roundabout to enter Sutton Park by Town Gate.

FROM THE NORTH AND NORTH WEST –

Follow the M6 southwards to junction 7 and follow above directions

FROM M6 TOLL MOTORWAY

The best way from the M6 Toll (whether travelling North or South) would be exit at T3 (Langley Green) then take the A38 north (signposted to Lichfield).

At island with A453 follow signs for Sutton Coldfield (should be 1st left), follow this road for some 3km passing straight over two sets of traffic lights.

This takes you on to Anchorage Road. At the end of Anchorage Rd turn sharp right into Upper Clifton Road & after approx 400m turn right at the island (mini roundabout) which will take you into Sutton Park at Town Gate.