

FORDHOUSES 5k 2016

Pos.	No.	Competitor	Club	Cat.	Time
1	691	Jonathon Morris	Unattached	M Snr	0:16:28
2	740	Ryan Hodgkiss	Wolverhampton & Bilston AC	M Jnr	0:16:53
3	639	Harry Cresswell	Wolverhampton & Bilston AC	M Jnr	0:16:58
4	676	David Nation	Dudley & Stourbridge Harriers	M Snr	0:17:38
5	648	Jamie Ward	Wolverhampton & Bilston AC	M Jnr	0:17:51
6	724	Harry Dyall	Wolverhampton & Bilston AC	M Jnr	0:17:57
7	719	Tess Clarke	Wolverhampton & Bilston AC	F Snr	0:18:00
8	726	Jack Pickett	Wolverhampton & Bilston AC	M Jnr	0:18:11
9	696	Jack Parr	Wolverhampton & Bilston AC	M Snr	0:18:15
10	739	Matt Hogg	Wolverhampton & Bilston AC	M Jnr	0:18:25
11	712	Harry Walters	Dudley & Stourbridge Harriers	M Jnr	0:18:45
12	641	Olly Mason	Wolverhampton & Bilston AC	M Jnr	0:18:49
13	638	Robert Cartwright	Unattached	M Snr	0:18:55
14	728	Adam Saul-Braddock	Wolverhampton & Bilston AC	M Jnr	0:18:56
15	720	Amelia Samuels	Wolverhampton & Bilston AC	F Jnr	0:18:57
16	644	Simon Calrow	Wolverhampton & Bilston AC	M 50	0:19:00
17	697	Laurence Heathcock	Tipton Harriers	M 40	0:19:07
18	631	Ben Godwin	Unattached	M Snr	0:19:17
19	702	Martin Pronko	Unattached	M Snr	0:19:24
20	629	Paul Jakeways	West Bromwich Harriers	M Snr	0:19:37
21	709	Tom Clarke	Wolverhampton & Bilston AC	M Snr	0:19:42
22	706	Darrell Bodwin	Dudley & Stourbridge Harriers	M 40	0:19:45
23	653	Oliver Evans	Wolverhampton & Bilston AC	M Jnr	0:19:54
24	635	Alex Herron	Wolverhampton & Bilston AC	M Snr	0:19:55
25	628	Clark Woodhall	west bromwich harriers	M 40	0:19:57
26	741	Russell Collins	West Bromwich Harriers	M Snr	0:19:58
27	753	Richard Jones	Wolverhampton & Bilston AC	M Snr	0:19:59
28	705	Geoff Farmer	Unattached	M 60	0:20:02
29	679	Mark Farnell	Wolverhampton & Bilston AC	M 50	0:20:06
30	743	Adam Tatton	Telford AC	M Jnr	0:20:08
31	727	Lucy Evans	Wolverhampton & Bilston AC	F Jnr	0:20:09
32	730	Alex Blair	Wolverhampton & Bilston AC	M Jnr	0:20:10
33	680	Louie Lambeth	Wolverhampton & Bilston AC	M Jnr	0:20:11
34	745	John Abbiss	Wolverhampton & Bilston AC	M 50	0:20:13
35	688	Hannah Pearson	Wolverhampton & Bilston AC	F Snr	0:20:16
36	704	Lionel Spittle	Wolverhampton & Bilston AC	M 60	0:20:33
37	681	Lydia Silk	Wolverhampton & Bilston AC	F Jnr	0:20:41
38	738	Peter Eckersley	Unattached	M 50	0:20:44
39	725	Rachel Gibson	Wolverhampton & Bilston AC	F Snr	0:20:59
40	711	Keith Carter	Wolverhampton & Bilston AC	M 40	0:21:01
41	707	Adam Bodwin	Dudley & Stourbridge Harriers	M Jnr	0:21:11
42	632	Rob Price	Lawley RC	M Snr	0:21:17
43	668	Cara Percival	Wolverhampton & Bilston AC	F Snr	0:21:18
44	695	Dave Powner	Bournville Harriers	M 40	0:21:30
45	708	Michael Owen	Unattached	M 40	0:21:32
46	642	Holly Sides	Wolverhampton & Bilston AC	F Jnr	0:21:37
47	658	Ben Deakin	Stafford Harriers	M Jnr	0:21:38
48	742	April Tatton	Telford AC	F Jnr	0:21:40
49	647	Shaun Bennett	Wolverhampton & Bilston AC	M 40	0:21:41
50	710	Kevin Koren	Wolverhampton & Bilston AC	M 50	0:21:42
51	674	Garry Howell	West Bromwich Harriers	M 40	0:21:43
52	713	Tony Price	Unattached	M 40	0:21:44
53	737	Adam Spellacy	west bromwich harriers	M Snr	0:21:55
54	651	Andrew Bridge	Unattached	M Snr	0:21:56

55	746	Adrian	Melbourn	Unattached	M 40	0:22:05
56	759	Andy	Dyall	Wolverhampton & Bilston AC	M 40	0:22:23
57	692	Abigail	Preston	Wolverhampton & Bilston AC	F Jnr	0:22:31
58	717	Pat	Cummings	Unattached	F 45	0:22:36
59	650	David	Griffiths	Avon Valley Runners	M 60	0:22:42
60	637	Andrew	Watkins	Unattached	M 40	0:22:49
61	718	Erin	Owen	Dudley & Stourbridge Harriers	F Jnr	0:22:57
62	693	Giles	Coghlan	Unattached	M Snr	0:22:59
63	722	Holly	Lewis	Wolverhampton & Bilston AC	F Jnr	0:23:03
64	659	Daniel	Floyd	West Bromwich Harriers	M Snr	0:23:18
65	734	Olivia	Davies	Wolverhampton & Bilston AC	F Jnr	0:23:35
66	703	Dean	Tonks	Wolverhampton & Bilston AC	M 40	0:23:40
67	729	Russell	Blair	Wolverhampton & Bilston AC	M 40	0:23:40
68	694	Neil	Illidge	Unattached	M 40	0:23:48
69	678	Timothy	Sheppy	Unattached	M 50	0:23:54
70	654	Elizabeth	Marshall	Wolverhampton & Bilston AC	F Jnr	0:23:58
71	690	Craig	Hall	Aldridge Rc	M Snr	0:24:02
72	757	Victoria	Gough	Wolverhampton & Bilston AC	F Jnr	0:24:11
73	672	Claire	Ellis	Lawley RC	F 35	0:24:12
74	633	Sarah-Louise	Burke	Lawley RC	F Snr	0:24:15
75	701	Stuart	Bickerton	Unattached	M 40	0:24:21
76	732	Kaylee	Harris	Birchfield Harriers	F Snr	0:24:24
77	731	Emily	Weir	West Bromwich Harriers	F Snr	0:24:25
78	699	Tom	Bishop	Unattached	M Snr	0:24:45
79	656	Melonie	Deakin	Stafford Harriers	F 45	0:24:53
80	744	Matthew	Hawker	Dudley Kingswinford RC	M Snr	0:24:59
81	723	Hazel	Smallman	Wolverhampton & Bilston AC	F 45	0:25:02
82	700	Jason	Richards	Black Country Triathletes	M 40	0:25:32
83	714	Oriane	Hamelin	Unattached	F Snr	0:25:41
84	657	Mark	Deakin	Stafford Harriers	M 50	0:25:50
85	636	Sharon	Watkins	Unattached	F 45	0:25:55
86	640	Ian	Cresswell	Wolverhampton & Bilston AC	M 40	0:26:05
87	645	Adam	Bashir	Halesowen A & C	M Jnr	0:26:11
88	667	Kate	Christian	Sneyd Striders	F 45	0:26:24
89	749	Abbie	Thompson	Unattached	F Snr	0:26:48
90	756	Gyorgyi	Meads	Unattached	F 35	0:26:59
91	748	Danni	Braine	Wolverhampton & Bilston AC	F 35	0:27:02
92	663	Julia	Cooper	Wolverhampton & Bilston AC	F 45	0:27:13
93	698	Andy	Bishop	Unattached	M 50	0:27:39
94	715	Stephanie	George	Unattached	F Snr	0:27:42
95	664	Sam	Allcott	Unattached	F Snr	0:28:15
96	758	David	Deans	Unattached	M 50	0:28:29
97	683	Ian	Beattie	Telford AC	M 50	0:28:39
98	669	Josie	Howell	White Horse Harriers	F 45	0:29:12
99	752	Anglela	Boycott	Lawley RC	F 45	0:29:20
100	751	Derek	Wilson	Unattached	M 40	0:29:20
101	754	Stacey	Paskin	Wrekin Road Runners	F Snr	0:29:27
102	747	Nicola	Willis	Sneyd Striders	F Snr	0:29:39
103	666	Debbie	Sherman	Sneyd Striders	F 35	0:29:40
104	673	David	Poynton	Sneyd Striders	M 40	0:30:02
105	677	Andrew	Fennell	Lawley RC	M 40	0:30:05
106	665	Janine	Felton	Lawley RC	F 45	0:30:20
107	655	Trudi	Lisseman	Wolverhampton & Bilston AC	F 35	0:30:35
108	662	Julia	Condon	Wolverhampton & Bilston AC	F 35	0:30:41
109	682	Alan	Hodgkiss	Telford AC	M 70	0:30:45
110	750	Chris	Harrison	Unattached	M 60	0:32:19
111	646	Haroon	Bashir	Unattached	M 40	0:32:30

112	670	Michelle	Cresswell	West Bromwich Harriers	F 35	0:32:44
113	755	Sara	Paskin	Unattached	F 35	0:32:48
114	716	Lucy	Spittle	Unattached	F 35	0:33:09
115	736	Andrew	Jarvis	Unattached	M Snr	0:34:52
116	735	Hayley	Jarvis	Unattached	F Snr	0:34:52
117	684	Clare	O'Donell	Unattached	F 45	0:38:32
118	685	Cynthia	Lewis	Telford AC	F 65	0:39:03